An Introduction to Leadership: A Primer for the Practitioner

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To lead people, walk beside them ...
As for the best leaders, the people do not notice their existence.
The next best, the people honor and praise.
The next, the people fear;
and the next, the people hate ...
When the best leader’s work is done the people say,
"We did it ourselves!"

— Lao-tsu
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Our chief want is someone who will inspire us to be what we know we could be.

— Ralph Waldo Emerson
Outline

- Introduction
- Leadership Development
- Principles of Leadership
- Managers and Leaders
- Diversity in Team Composition
- Understanding Individual & Group Dynamics
- Meetings
- Summary

Absolute identity with one’s cause is the first and great condition of successful leadership.
— Woodrow Wilson
Some Initial Thoughts

Good leaders are made not born. If you have the desire and willpower, you can become an effective leader. Good leaders develop through a continuous process of self-study, education, training, experience, and reflection.

Leadership is a process by which a person influences others to accomplish an objective and directs the organization in a way that makes it more cohesive and coherent.

Although your position may give you the authority to accomplish certain tasks and objectives in your organization, power or authority does not make you a leader ... it simply makes you the boss.

Leadership differs in that it makes the followers want to achieve high goals, rather than simply bossing people around.

Do you wish to rise? Begin by descending. You plan a tower that will pierce the clouds? Lay first the foundation of humility.
— St. Augustine
Leadership Development Model

+ New Knowledge
  • Reading about leadership
  • Observing other leaders
  • Studying leadership theory

+ Experiences
  • Leading other people
  • Serving under others
  • Peer leadership
  • Individual challenges

+ Reflection
  • Self awareness
  • Taking ownership of your development
  • Mentoring, counseling, feedback
  • After Action Reviews

Leadership and learning are indispensable to each other.
— John F. Kennedy
Principles of Leadership

The basis of good leadership is honorable character and selfless-service to your organization. Your leadership is everything you do that effects the organization's objectives and the well being of those that follow you. Respected leaders concentrate on what they are [be] (such as beliefs and character), what they [know] (such as job, tasks, and human nature), and what they [do] (such as implementing, motivating, and provide direction).

What makes a person want to follow a leader? People want to be guided by those they respect and who have a clear sense of direction. To gain respect, the leader must be ethical. A sense of direction is achieved by conveying a strong vision of the future.

And when we think we lead, we are most led.
— Lord Byron
Principles of Leadership

To help you *be*, *know*, and *do*; follow these eleven principles of leadership

1. **Know yourself and seek self-improvement** - In order to know yourself, you have to understand your own attributes. Seek self-improvement, continually strengthening your attributes. This can be accomplished through self-study, formal classes, reflection, practice, and interacting with others.

2. **Be technically proficient** - As a leader, you must know your job and those of your subordinates.

3. **Seek responsibility and take responsibility for your actions** - Search for ways to guide your organization to new heights. When things go wrong, take responsibility and do not blame others. Analyze the situation, take corrective action, and move on to the next challenge.

4. **Make sound and timely decisions** - Use good problem solving, decision making, and planning tools.

5. **Set the example** - Be a good role model for your employees. They must not only hear what they are expected to do, but also see. (We must become the change we want to see. — Mahatma Gandhi)

Principles of Leadership

6. **Know your people and look out for their well-being** - Know human nature and the importance of sincerely caring for your people.

7. **Keep everyone informed** - Know how to communicate not only with your subordinate, but also seniors and other key people.

8. **Develop a sense of responsibility in those you lead** - Help to develop good character traits that will help them carry out their professional responsibilities.

9. **Ensure that tasks are understood, supervised, and accomplished** - Communication is the key to this responsibility.

10. **Train as a team** - Although many so called leaders call their organization, department, section, etc. a team; they are not really teams...they are just a group of people doing their jobs.

11. **Use the full capabilities of your organization** - By developing a team spirit, you will be able to employ your organization, department, section, etc. to its fullest capabilities.

*People cannot be managed. Inventories can be managed, but people must be led.* — H. Ross Perot
Leaders and Managers

Many in professional societies have managerial and business experience.

Managers plan, organize, minimize risk, maximize profit, …

Leader – noun, (1) A person who is followed by others. (2) The horse placed at the front in a team or pair.

Manager – noun, (1) A person controlling or administering a business or a part of a business. (2) A person regarded in terms of skill in household or financial or other management.

Management is doing things right; leadership is doing the right things.
— Peter F. Drucker
Team Composition

- As a leader you often have the responsibility not only to lead a team but often to build a team.
- Teams should be diverse and represent the breadth of stakeholders and constituents.
- Diversity of perspective is important – helps the entire group think critically about the problem.
- Avoid groups comprised of “yes men.”
- The most defendable results come from genuine debate that includes the broadest possible perspectives.
- When required, specific technical expertise adds credibility.

Nearly all men can stand adversity, but if you want to test a man's character, give him power.
— Abraham Lincoln
Individual & Group Dynamics

- Attempt to identify and understand individual and interpersonal dynamics of the group.

- If you will lead this group over an extended period, consider the Myers-Briggs Type Indicator (MBTI) instrument.
  - Not definitive but allows you to better understand the members of your meeting.
  - Most scientists and engineers are introverts – prefer to sit-back, listen and think-through their response.
  - Extroverts tend to develop their opinions and responses by talking out-loud.

- 126 item Myers-Briggs Type Indicator (MBTI)
  - Instrument publisher, Consulting Psychologists Press (CPP, Inc.)

Leadership is the art of getting someone else to do something you want done because he wants to do it.
— Dwight D. Eisenhower
Personality Types

The theory of Personality Types contends that:

An individual is either primarily **Extraverted** or **Introverted**
An individual is either primarily **Sensing** or **iNtuitive**
An individual is either primarily **Thinking** or **Feeling**
An individual is either primarily **Judging** or **Perceiving**

The possible combinations of the basic preferences or dichotomies form 16 different Personality Types.

Learning about other people's Personality Types helps us to understand the most effective way to communicate with them, and how they function best.

Leadership is a combination of strategy and character. If you must be without one, be without the strategy.
— H. Norman Schwarzkopf
MBTI Type Descriptions

The developed theory today is that every individual has a primary mode of operation within four categories:

1. Our flow of energy
2. How we take in information
3. How we prefer to make decisions
4. The basic day-to-day lifestyle that we prefer

Within each of these categories, we "prefer" to be either:

1. **Extraverted** or **Introverted**
2. **Sensing** or **iNtuitive**
3. **Thinking** or **Feeling**
4. **Judging** or **Perceiving**

Leaders aren’t born they are made. And they are made just like anything else, through hard work. And that’s the price we’ll have to pay to achieve that goal, or any goal.

— Vincent Lombardi
Meetings

Meeting Management – A Leadership Responsibility

Meetings are often necessary and a fact of life.

Meetings:
- Satisfy a tribal gathering instinct?
- Add social dimension and sense of belonging?

Many meetings are ineffective and waste one of the most valuable resources of any organization – time.

Effective meetings don’t just happen
- Require deliberate planning
- Must be conducted in an efficient and effective manner
- Are the responsibility of the leader

He who has never learned to obey cannot be a good commander.
— Aristotle
Before the Meeting

1. The first order of business is to define the purpose of the meeting.

2. Identify the participants. Every invitee should have a role. Additionally, identify a recorder or secretary.

3. Prepare an agenda in advance of the meeting. An effective technique is to communicate the intent of each agenda item using labels such as (A) for Action, (I) for Information, and (V) for Vote. Additionally, estimate the amount of time allocated to each agenda item.

4. Prepare or identify background information.

5. Assign responsibilities for agenda items and communicate to those responsible in advance of the meeting.

In matters of style, swim with the current; in matters of principle, stand like a rock.
— Thomas Jefferson
Before the Meeting – Continued

6. Publish the agenda and identify background information to be reviewed.
7. Plan for breaks – lunch, coffee, etc.
8. Think through the conduct of the meeting.
9. Use a trusted member of your staff or a deputy.
10. Consider logistics.
11. Room – layout, seating, eliminate distractions.
12. Support items – projector, white board, pens, etc.

People ask the difference between a leader and a boss ...
The leader works in the open, and the boss in covert.
The leader leads, and the boss drives.
— Theodore Roosevelt
The Bell Shaped Agenda

Item 1: Welcome

Item 2: Minutes

Item 3: Announcements
   - Non-controversial
   - Short
   - Example: upcoming events

Item 4: Easy Item
   - More than one item may be included in this section, but the content should not be controversial

Item 5: Hardest Item
   - Why in the middle?
   - Attendance: late comers have arrived and early-leavers have not left
   - Attention: focused on meeting by this time, not yet concerned with next appointment

Item 6: For Discussion Only
   - Will often be presented as Item 5: Hardest Item at subsequent meeting for vote or decision

Item 7: Easiest Item
   - End of this meeting is the beginning of next meeting
   - End on positive note of agreement and encouragement
   - Good time for member recognition

You manage things; you lead people.
— Grace Hopper
During the Meeting

1. Arrive early.
   – Arrange the room, if necessary
   – Distribute handouts
2. Begin on time.
3. Introduce members if the group is not familiar; introduce visitors.
4. Establish ground rules, if necessary.
5. **Run the meeting.**
6. Control interruptions – ask that cell phones and pagers be turned-off or set to vibrate to reduce interruptions.
7. Identify and record results.
8. Assign responsibilities for follow-up – consider an Action Registry.
9. End on time.
10. Thank participants for their input and reinforce the importance of outcomes for the organization.

Innovation distinguishes between a leader and a follower. — Steve Jobs
The Meeting Room

Space matters!

Theater Style
- Leader has great power by position.
- Participation and interruption by audience is limited.

U-Shaped Style
- Equality of membership.
- No doubt of who the leader is.
- Good visibility for visual aids.

Circle Style
- Democratic: equality is stressed.
- Great visibility by participants.
- Obvious body language.
- Excellent participation.

The price of greatness is responsibility.
— Winston Churchill
After the Meeting

1. Publish the minutes of the meeting promptly.
2. Identify responsibilities for action items.
3. Assess the meeting.

The best executive is the one who has sense enough to pick good men to do what he wants done, and self-restraint to keep from meddling with them while they do it. — Theodore Roosevelt
Additional Thoughts on Meetings

Don’t Read to the Group.
- … and don’t permit others to read to the group either.
- Place more emphasis on processing information, than on giving information
- A meeting is a place to discuss an issue to assure agreement or full understanding.

Everyone contributes to a meeting’s success.
- Everyone must do their part.
- When possible, make sure the right people are at the meeting.
- If the material covered is not relevant to some people, arrange to have them excused from that portion of the meeting.
- Make sure all meeting participants understand their responsibilities

A sense of humor is part of the art of leadership, of getting along with people, of getting things done.
— Dwight D. Eisenhower
Additional Thoughts on Meetings

Balance participation.
- Meetings will have people who are silent, vocally dominant, or negative.
- The facilitator/chairperson as well as members of the group can redirect this unproductive behavior.

Allow time for process and group development
- Checking off agenda items in a rapid-fire process is not always productive. It may move the meeting along more quickly, but may leave you wondering ‘what happened?’ when it’s over.
Final Thoughts on Meetings

Praise! Praise! Praise!

- Praise people twice as much as you criticize.
- Never let any good deed or action go unheralded in the group.
- Say thank you publicly at every meeting.
- Recognize the value of peoples’ contributions at the beginning or within the meeting.


- Meeting design is the Number 1 mechanism for effective meetings.
- For each agenda item, make sure the group is clear about the goals, processes, and functions.

Never, Never, Never compose, draft, or edit a document in committee!

You learn far more from negative leadership than from positive leadership.
Because you learn how not to do it. And, therefore, you learn how to do it.
— H. Norman Schwarzkopf
Personal Reflections on Leadership

- People expect you to be the leader – lead!
- Set the example. Don’t be afraid to get involved and do the work.
- Be available – visit your people where they are.
- Use face-to-face communication whenever possible.
- The troops always come first.
Concluding Thoughts

- Good leaders are made not born. If you have the desire and willpower, you can become an effective leader.
- Good leaders develop through a continuous process of self-study, education, training, experience, and reflection.
- Thinking about the principles of leadership, leadership traits and the differences between managers and leaders helps us develop and mature as leaders.
- Understanding diversity in team composition, individual and group dynamics and how to run effective meetings are practical elements in the portfolio of an effective leader.

As we look ahead into the next century, leaders will be those who empower others.
— Bill Gates